

IMPORTANT! KEEP FOR FUTURE REFERENCE

WILKINET BABY CARRIER

Instructions for use

Welcome to baby wearing with a Wilkinet baby carrier. You and your baby will enjoy the benefits of the comfortable and supportive close contact and genuine hands free carrying.

Getting started...

Make sure you take your time and try each position with a cushion or doll first – it will increase your confidence and ability when attaching your baby. This in turn will make your baby feel more calm and content – improving the experience for both of you.

You can begin to use the Wilkinet as soon as you are up and about after the birth of your baby. If you have had a Caesarean section or have any other health concerns ask your midwife or health visitor for advice before use.

Carrying positions

Ages and weights are a guideline only. Depending on your own and your baby's size and weight you may carry in each position for more or less than suggested. For hip and back carrying your baby must be able to hold his or her head up before using this position.



Facing in on the front
from Birth/5lbs/2.26Kgs
to 6 months/15lbs/6.8kgs



Facing out on the front
from 3 months/10lbs/4.5kgs to
9 months/18lbs/8.2kgs



Hip carrying
from 5 months/16.5lbs/7.5kgs
to 18 months/25lbs/11kgs



Back carrying
from 5 months/16.5lbs/7.5kgs
to 18 months/25lbs/11kgs

For simplicity we have used the male form (him, his, he...) for the rest of the instructions.

If you need extra help or advice please contact us.

Free DVD available or watch videos online – see contact details on back page



Position A: Facing in on the front - Facing in, babies feel safe and nurtured. The wraparound method means it feels like your baby is being cuddled in your arms – leaving your hands free to get on with your day – at home or out and about.



1. Lay baby high up the carrier with his bottom on the unpadded part of the carrier, the padded strap behind his knees.
2. Bring the flap up between baby's legs, tie at side in a bow. His legs do not go through the loops.
3. Lift up baby and hold high up your body, with his head level with your chin. Baby's knees should be at your upper waist level.
4. Place each strap over your shoulders.
5. Take the right strap with your left hand behind your back.
6. Pass the strap through the left loop. Use one hand for the straps and the other to hold your baby in place against you.

Each time you change hands to take hold of one of the straps place your other hand under baby's bottom. This helps to keep the baby in the right position while tying.



7. Pull all the slack through the loops, pulling baby's lower half snugly into your upper waistline.
8. Take the left strap with your right hand, using your other hand to support your baby.
9. Pass the strap through the loop. The padded base strap should be behind the baby's knees to hold baby tucked into your upper waist.
10. Take both long straps round the back of your waist.
11. Bring to the front and tie over baby's lower back/bottom.
12. Tuck the ties behind your back. Tiny newborns will be "surrounded" by the Wilkinet and held snugly in place.

Larger babies usually like room to move. Tuck baby's lower half into your waist with upper half slightly tilted away giving baby room to move and look around. To undo carrier please reverse the steps (12 to 1) while supporting your baby at all times.

Position B: Facing out on the front - Once your baby is around 3-4 months old they will love to face out and see the world. They discover and interact with their surroundings by being at eye level with others.



1. Always tuck the headrest away from your baby's face down into the crisscross.
2. Lay baby facing the carrier with his legs through the loops. Tie the flap loosely to allow it to curve round baby's bottom when in use.
3. Lift the carrier and baby and hold high up your chest with his head below your chin.
4. Tie the carrier following steps 4 to 12 for Position A: Facing in on the front.
5. Ensure that the curved edges of the loops do not press across the front of your baby's upper thighs.
6. Pull the padded strap forward to support under baby's upper thighs.

Make sure the padded strap goes under their thighs so your baby is sitting on the padded base strap (the curved edges of the loop should follow a 'cutaway bathing suit' line) To undo please reverse the steps (6 to 1) while supporting your baby at all times.

Position C: Carrying on your hip - Helps to support older babies who want to be carried in your arms. We recommend this is used only for short periods of time because more weight is being placed on one shoulder



1. Follow steps 1-9 of Position A: Facing in on the front.
 2. Before finally securing, put your left arm over the top of the shoulder strap.
 3. Move the whole carrier round to your left hip.
 4. Bring the left strap horizontally across your back.
 5. Wrap straps round in the usual way and tie over baby's bottom.
 6. Pull the strap going across your shoulder away from the side of your neck.
- Always support your baby with one arm while hip carrying. To undo please reverse the steps (6 to 1) while supporting your baby at all times.

Position D: Carrying on your back - As your baby gets older carrying on your back puts less strain on your back and neck muscles and also lets you take your baby or toddler to places that are inaccessible for strollers and pushchairs.



1. Put the left strap through the left loop and the right strap through the right loop. Pull through most of the strap length.
2. Position baby as for front carrying, with the base strap behind the knees and flap tied between legs - with baby in a chair.
3. Sit or kneel in front and put your arms through the straps. Pull baby close to you.
4. Stand up bending forward, pull your baby up with the straps and push baby up your back with one hand.
5. Hold both straps in your right hand and pull the left strap through the loop with your left hand and the opposite for the right side.
6. Pull the straps through, stand up straight. Baby's bottom should be sitting in the unpadded part with base strap behind knees. Tie bow at front. Ensure your baby/toddler has adequate room for free head and shoulder movements by tucking your baby's lower half into your waistline and tilting his/her upper half slightly away from your back. To undo sit in a chair and then remove the straps so your baby is supported by the arms of the chair.

Extra advice



Facing in on front

1. This picture shows the correct position. The baby is held high up the parent's body and is sitting in a natural 'S' position.
2. This picture shows the wrong position. Baby is flattened and dangling too low with the base behind baby's bottom, not behind their knees.
3. To remedy lift baby up, pulling the base strap in behind the back of baby's knees. Pull more strap length through the loops then re-tie.

All positions

4. If baby falls asleep, turn his head to the side to provide an unobstructed source of air.

Carrying on your back

5. Tying the two shoulder straps across your chest with a tie or piece of fabric will help relieve your baby's weight as they grow heavier.
6. Larger babies are easier to carry if you place their legs over the loops and straps (rather than under them).

SAFETY AND CARRIER CARE INSTRUCTIONS

⚠ WARNINGS

Failure to follow each of the following warnings, the instructions for use and the care instructions can result in serious injury or death.

WARNING: Your balance may be adversely affected by your movement and that of your child.

WARNING: Take care when bending or leaning forward

WARNING: This carrier is not suitable for use during sporting activities

Do not use your carrier while engaging in activities that might prove harmful to your baby. Some activities which you would not normally consider to be dangerous could present a danger to your baby (such as cooking cleaning, biking and using motorised vehicles).

Check frequently to make sure that your baby's head and body are in an upright position in the carrier.

Baby's chin should not point down towards baby's chest.

The carrier is not designed as a car safety seat. Do NOT wear the Wilkinet while operating a motorised vehicle or machinery.

There should always be room between the baby's face and your body or the carrier to provide a clear source of air.

Do not leave baby unattended in the baby carrier.

Do not bend at the waist when leaning down – always bend at the knees to make sure the baby stays securely in carrier.

The carrier is subject to normal wear and tear during use. Before each use carefully inspect the carrier for any signs of loose seams, tears or separation. If the carrier is damaged do not use.

Please carefully review these instructions and cautions. Keep for future reference.

Washing

The wash care label is on the inside of the strap, which passes on the outer side of the body of the carrier. Please check the label as some carriers may have different washing instructions.

You can wash in a washing machine or by hand at up to up to 40°C

Do not tumble dry, Do not iron, Do not bleach or dye, Do not dry clean.

Baby's temperature

Don't overdress the baby when being carried in the Wilkinet. Baby's temperature will be warmed by your body heat.

If you feel hot they probably will as well

If you think they are too hot loosen the sling to let some of the air through and/or remove some of the baby's clothing

On hot sunny days avoid taking your baby into direct sunlight – especially when 0-6 months old

Here to help

If you have other questions we are happy to help. Our customer care lines are open

24 hours a day, all year round.

Contact us:

Phone: **UK** 0800 2550 247 – **USA** 1-800 871 0247 – **International:** +44 1239 841844

Email: info@wilkinet.com.

Write to: Wilkinet, PO Box 4521, Southam, CV47 4AS, United Kingdom

Free video instructions! Watching someone else can help with learning tying techniques. For a free DVD call or email with your address. Videos are also available for free online at:

www.wilkinet.com/videos

